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<b>Date: November 30, 2020</b>		<b>FAX THIS SHEET IN TO THE OFFICE AFTER YOUR MEETING!!!</b>	
Project Number#:	Job Name:	Person Conducting Meeting:	

## Focus Four

It has been proven by OSHA and our insurance company that the top four hazards that injure construction workers are: **Falls, Struck-by, Caught-in, Electrocutions.**

Below is a short list of how Olympic employees should protect themselves.

**Falls:** When exposed to a fall greater than 6', you must either be guard railed or tied off, holes must be covered, or proper use of a ladder. **Struck-by:** Wear Hi-V clothing around moving equipment, location of hands when operating certain tools/materials. **Caught-in:** Overhead obstructions when raising your lift. **Electrocutions:** Inspect your cords, use GFCI protected power supply, do not go into breaker panels.

We just came off a long Thanksgiving weekend. We did our best to practice social distancing with our families and friends. We wore our masks when we left our house, used hand sanitizer going in and out of stores, we kept the lawn chairs 6 feet away from each other when we sat around the campfire and limited the size of family we had over for dinner.

**Now we need to continue with the same practices to protect our co-workers, as we used to protect our family and friends.**

**Keep 6' away from each other. Wear your masks when required. Wash your hands. Keep our lunchrooms clean.**

**Last week's Bonus Question:** What is the story behind the grey long sleeve t-shirts we got last week?

**Answer:** The grey t-shirts were a safety award for us working the months of August and September without a lost time injury. I did a poor job letting the guys know that each person was to get 3 shirts each. Lindsey got us back on track and sent out the missing shirts. You should see them this week.

For **inspection packets or repair tags** call **Dave Sangren @ (612) 644-3136** to have some delivered to your jobsite.

**Please call Dave if your jobsite is in need of hand sanitizer, bleach cleaner, masks, etc.**

Any questions give Sturg a call (612) 221-8603

**PLEASE PRINT YOUR NAME!!!**

Visit our website: [www.olympiccompanies.com](http://www.olympiccompanies.com)

Comments:

As of **November 23, 2020** we have worked **8** days without a Lost Time Injury.  
**We have worked 6,088 hours without a "Lost Time Injury".**  
Our goal is **150,000** safe hours, so we can raffle off another ATV.

Toolbox Talks winner for last week: **Ben Hansen @ The Larking, Cole Young @ Essentia**  
**Eddie Quito @ 270 Hennepin**

This week's Bonus Question: **What is our project doing to prevent the spread of the COVID-19 virus?**

Hint: **Ask your Foreman.**

**"Building a Safer Place to Work" one week at a time.**

# OSHA QUICK CARD™

## Top Four Construction Hazards

The top four causes of construction fatalities are: Falls, Struck-By, Caught-In/Between and Electrocutions.

### Prevent Falls

- Wear and use personal fall arrest equipment.
- Install and maintain perimeter protection.
- Cover and secure floor openings and label floor opening covers.
- Use ladders and scaffolds safely.



### Prevent Struck-By

- Never position yourself between moving and fixed objects.
- Wear high-visibility clothes near equipment/vehicles.



### Prevent Caught-In/Between

- Never enter an unprotected trench or excavation 5 feet or deeper without an adequate protective system in place; some trenches under 5 feet deep may also need such a system.
- Make sure the trench or excavation is protected either by sloping, shoring, benching or trench shield systems.



### Prevent Electrocutions

- Locate and identify utilities before starting work.
- Look for overhead power lines when operating any equipment.
- Maintain a safe distance away from power lines; learn the safe distance requirements.
- Do not operate portable electric tools unless they are grounded or double insulated.
- Use ground-fault circuit interrupters for protection.
- Be alert to electrical hazards when working with ladders, scaffolds or other platforms.



**For more complete information:**



U.S. Department of Labor  
[www.osha.gov](http://www.osha.gov) (800) 321-OSHA

OSHA 3216-6N-06U.S.